



**U.S. NAVAL  
SEA CADET CORPS**



## **JOHN T. DEMPSTER, JR. DIVISION - Lawrenceville, NJ**

### **Introduction to Cadet Training**

Hello Recruit!

First off we would like to welcome you to the John T. Dempster, Jr. Division. Up until now, you have visited drill and may have a basic understanding of what we do. As a recruit, you will need to become very familiar with Naval and Sea Cadet Protocols. This may seem like a daunting task but, with time, effort, and dedication it will come very easily. Here are the first steps you need to begin taking to become a successful Sea Cadet.

- Complete the BMR Manual (Basic Military Requirements)
- Study the Sea Cadet Study Guide
- Learn your 11 General Orders

In this introduction we will be going through each of these steps starting with the most important, the BMR Manual. This introduction will also apply for all of the other course work that you will be completing during your Sea Cadet career.

Before we begin to go into the BMR and how to: locate, begin, complete, and hand in assignments, we will need to get very important information out of the way.

All recruits must attend Recruit Training (During either Summer or Winter sessions) before they are permitted to attend any of the offered ATs (Advanced Trainings). To advance in rank, a cadet must complete at the least one training (Yes, recruit training does count as a single training), complete the corresponding coursework (the same as a manual), and wait a period of six months. The best course of action to take would be to attend two or more trainings over a single summer (or winter). This will allow you to get your two trainings done for the year. The BMR Manual is the first manual to be completed. The BMR is the largest manual/Coursework/Correspondence Course with 22 Chapters and 15 Assignments.

**The BMR MUST be completed before attending Recruit Training - ABSOLUTELY NO EXCEPTIONS.**

**If you need to use a book rather than a computer, we do have one hard copy of the BMR that you may borrow. You will need to leave a \$40.00 deposit and take the book out. Please contact LT. Treacy if you need to do so.**

Now we will begin to get into the BMR. You will understand how to locate, begin, complete, and hand in all of your assignments. These instructions apply to all coursework.

### **Step 1- Locating Coursework**

There are two ways to locate coursework: The first is through the Sea Cadets website, and the second is through our very own unit website.

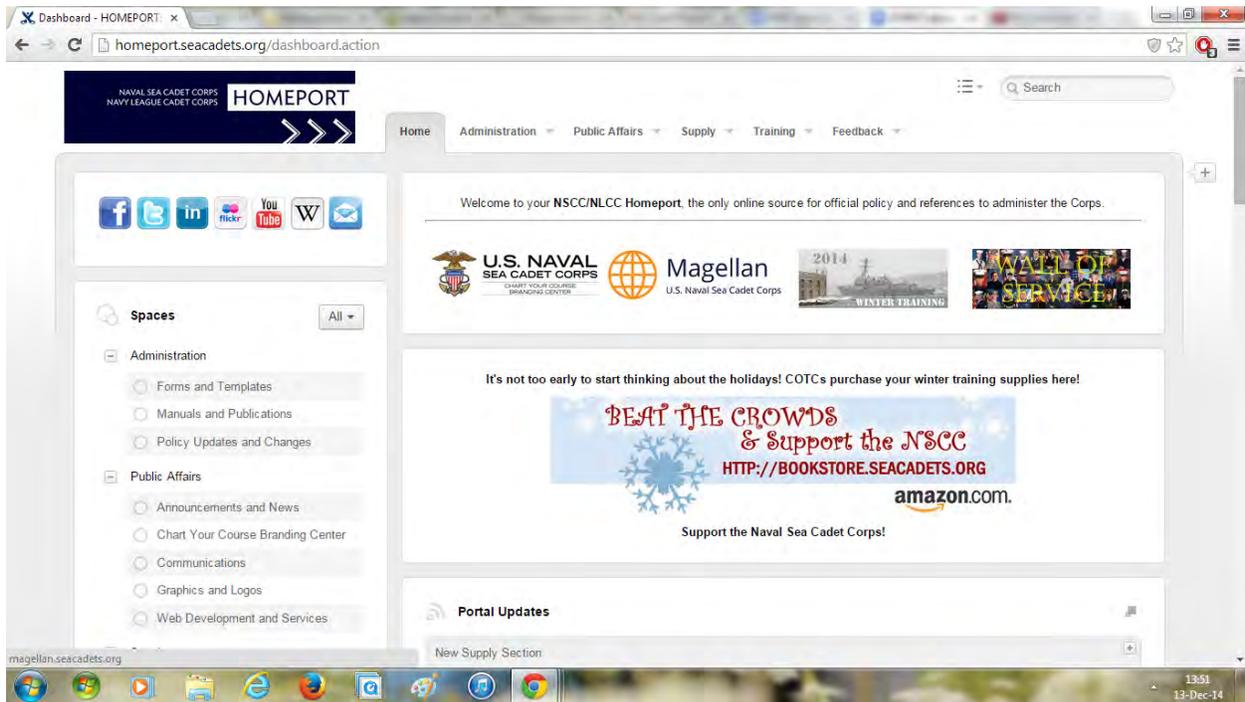
The easier of the two would be to go through our unit website. If you would like to use this instead of going through the Sea Cadet National website, the instructions are below.

# Locating Coursework through the Sea Cadet website

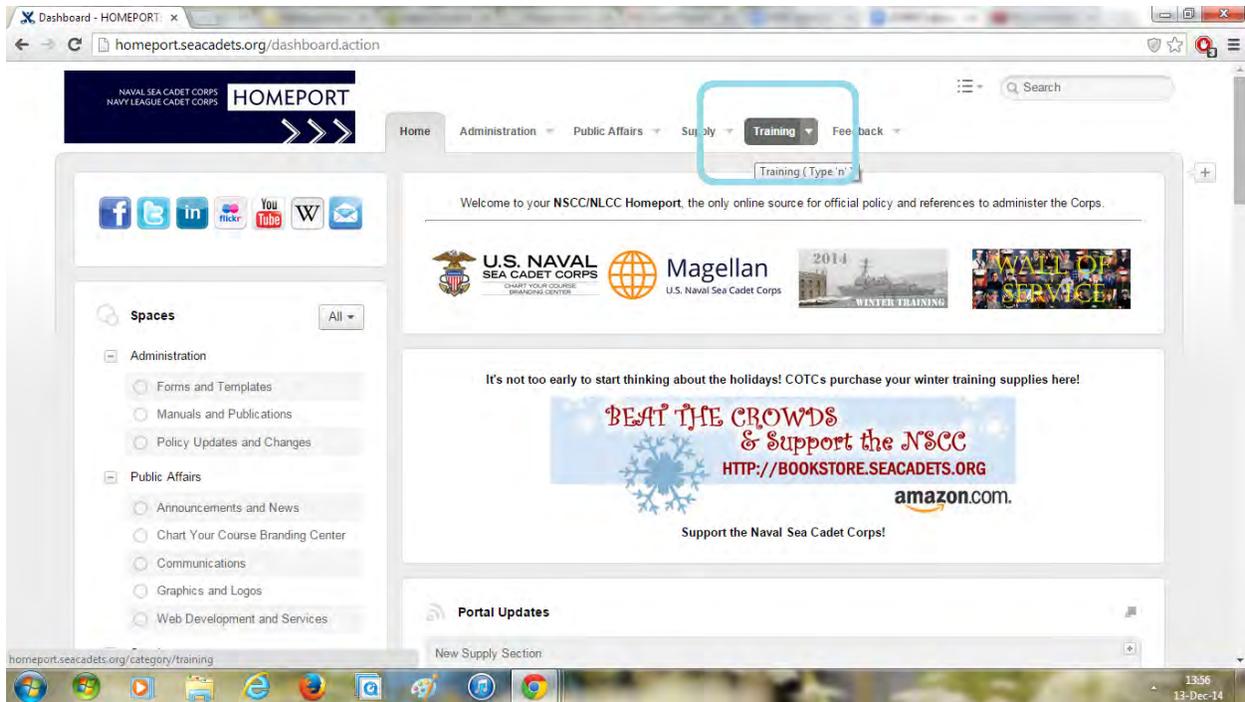
**Part 1:** The Sea Cadets Website is located at: <http://homeport.seacadets.org/dashboard.action>

When you type in the link above and click enter the page that opens should look like this:

*\*A very good idea would be to bookmark this website to your favorites in your browser*

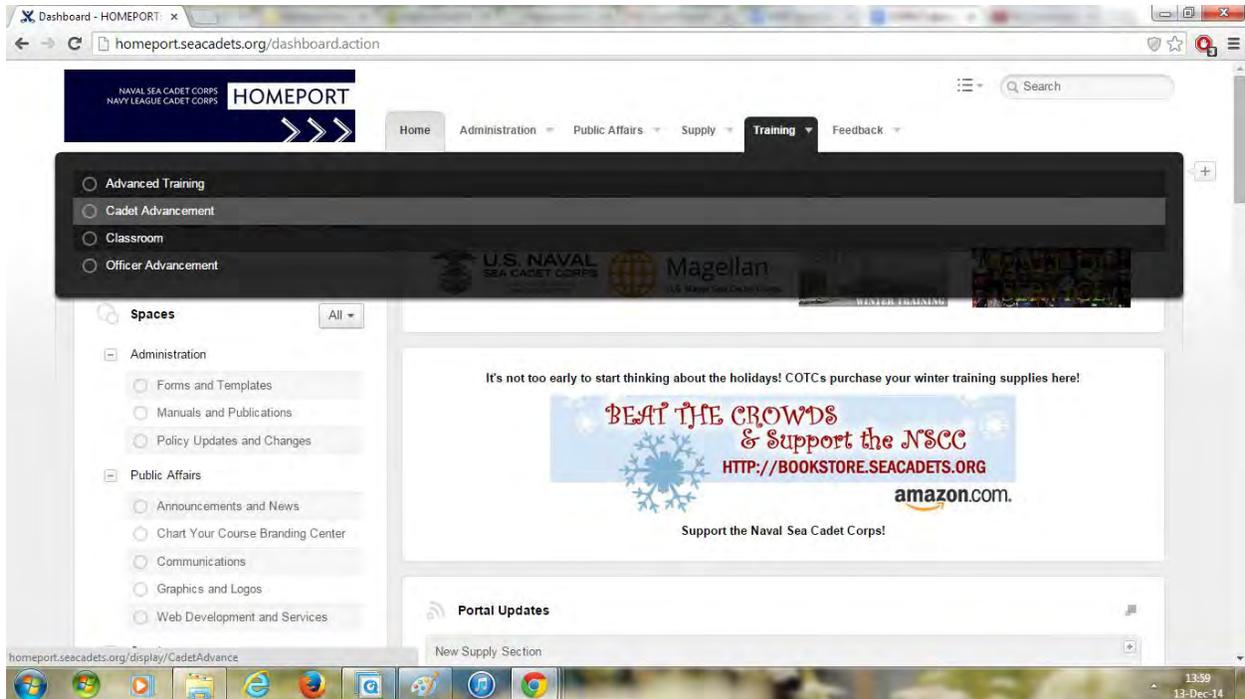


**Part 2a:** After locating the Sea Cadets National Website you will want to click on the “Training” tab located at the top of the page.

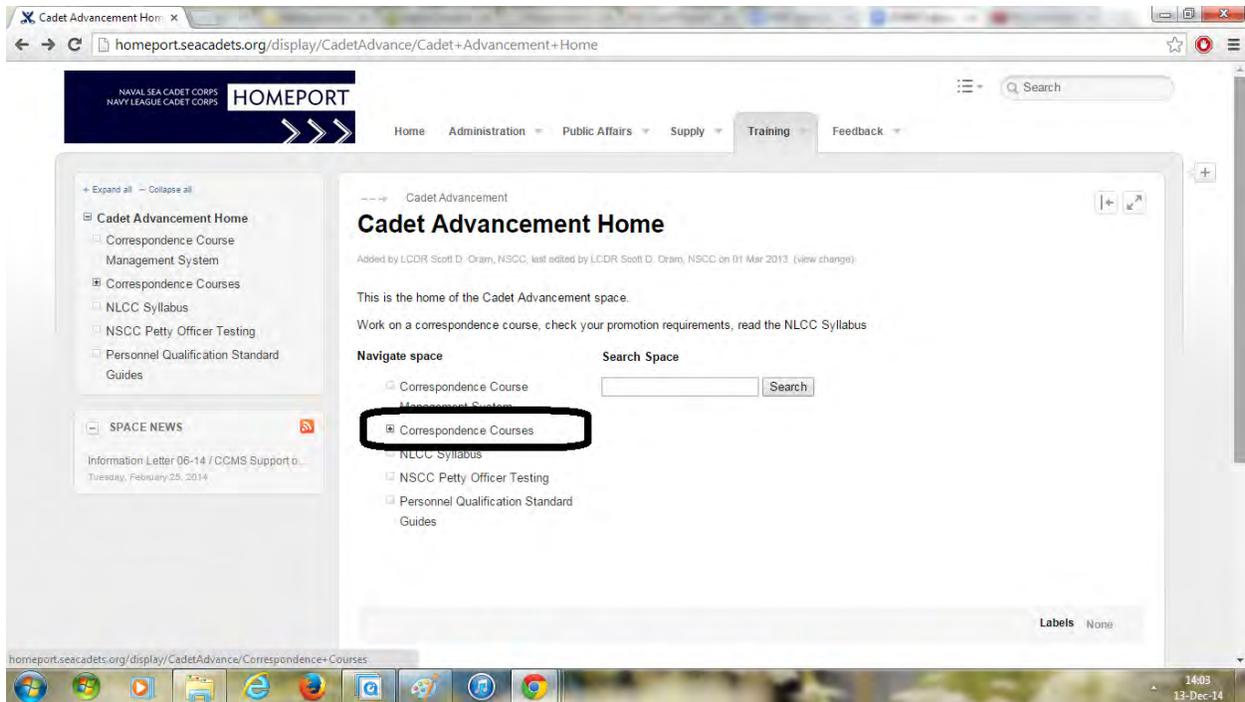


**Part 2b:** Under this tab you will then locate the sub-tab titled “Cadet Advancement” and click on it.

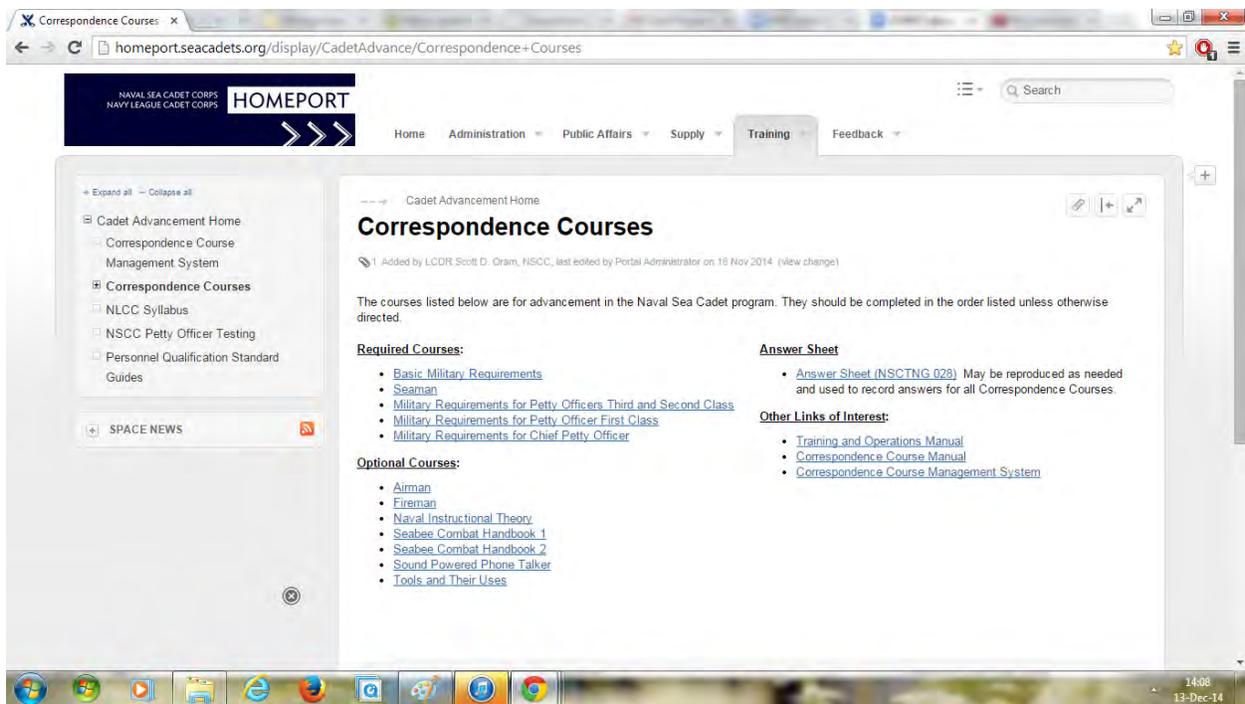
After you select this sub-tab the next page should then show:



**Part 3a:** After clicking the sub-tab, this page should show. You will now want to click on the link titled “Correspondence Courses”



**Part 3b:** This is where you will find all of the Correspondence Courses you will be completing through your Sea Cadet career. Since you are a recruit, you will need to select Basic Military Requirements (BMR Manual)



**Part 4:** When you click on the link it should look just like this. Congratulations you have found the BMR. Please continue to the next section where we will be showing you how to set up and complete the BMR.

Basic Military Requirements

homeport.seacadets.org/display/CadetAdvance/Basic+Military+Requirements

NAVAL SEA CADET CORPS  
NAVY LEAGUE CADET CORPS

**HOMEPORT**

Home Administration Public Affairs Supply Training Feedback

Search

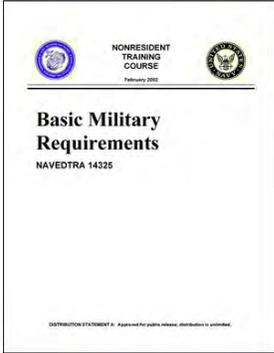
Expand all Collapse all

- Cadet Advancement Home
  - Correspondence Course Management System
- Correspondence Courses
  - Airman
  - Basic Military Requirements**
  - Fireman
  - Mathematics
  - Military Requirements for CPO
  - Military Requirements for PO1
  - Military Requirements for PO3 and PO2
  - Naval Instructional Theory
  - Seabee Combat Handbook, Vol 1
  - Seabee Combat Handbook, Vol 2
  - Seaman
  - Sound-Powered Telephone Talkers' Training Manual
  - Tools and Their Uses
  - NLCC Syllabus

Correspondence Courses

## Basic Military Requirements

Added by LCDR Scott D. Oram, NSCC, last edited by LCDR Scott D. Oram, NSCC on 03 Apr 2013 (view change)



**Basic Military Requirements**  
NAVEDTRA 14325

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**BASIC MILITARY REQUIREMENTS (NAVEDTRA 14325)**

Provides a self-study training course that covers the basic professional military knowledge required of the men and women of the U.S. Navy and Naval Reserve. This course provides subject matter that directly relates to the naval standards for the apprenticeship (E-2/E-3) rates.

This course is used for advancement of NSCC personnel to Seaman Apprentice (E-2).

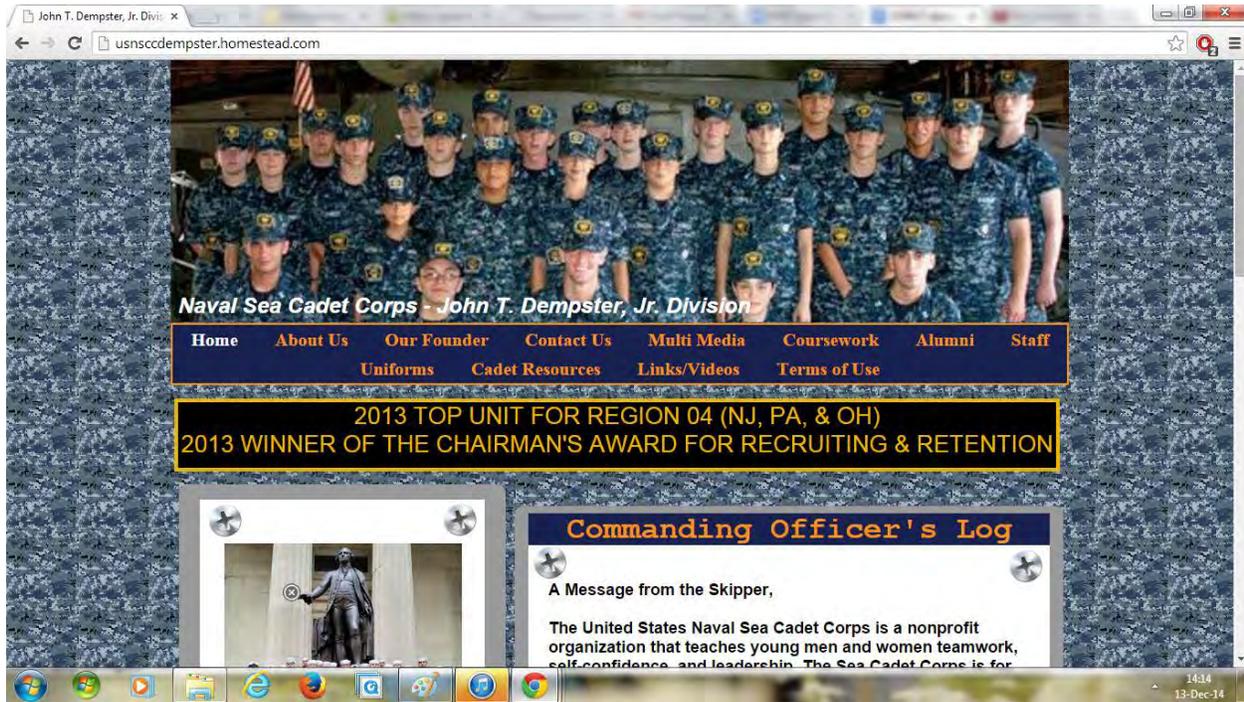
CHAPTERS	ASSIGNMENTS
<a href="#">INTRODUCTION</a>	<a href="#">COVER</a>
<a href="#">CHAPTER 1: Policies and Programs</a>	<a href="#">ASSIGNMENT 1</a>
<a href="#">CHAPTER 2: Military Conduct and Justice</a>	<a href="#">ASSIGNMENT 2</a>
<a href="#">CHAPTER 3: Watchstanding</a>	<a href="#">ASSIGNMENT 3</a>
<a href="#">CHAPTER 4: Communications</a>	<a href="#">ASSIGNMENT 4</a>
<a href="#">CHAPTER 5: Naval History</a>	<a href="#">ASSIGNMENT 5</a>
<a href="#">CHAPTER 6: Naval Organization</a>	<a href="#">ASSIGNMENT 6</a>
<a href="#">CHAPTER 7: Basic Seamanship</a>	<a href="#">ASSIGNMENT 7</a>
<a href="#">CHAPTER 8: Shipboard Appearance</a>	<a href="#">ASSIGNMENT 8</a>

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# Locating Coursework through our Unit's website

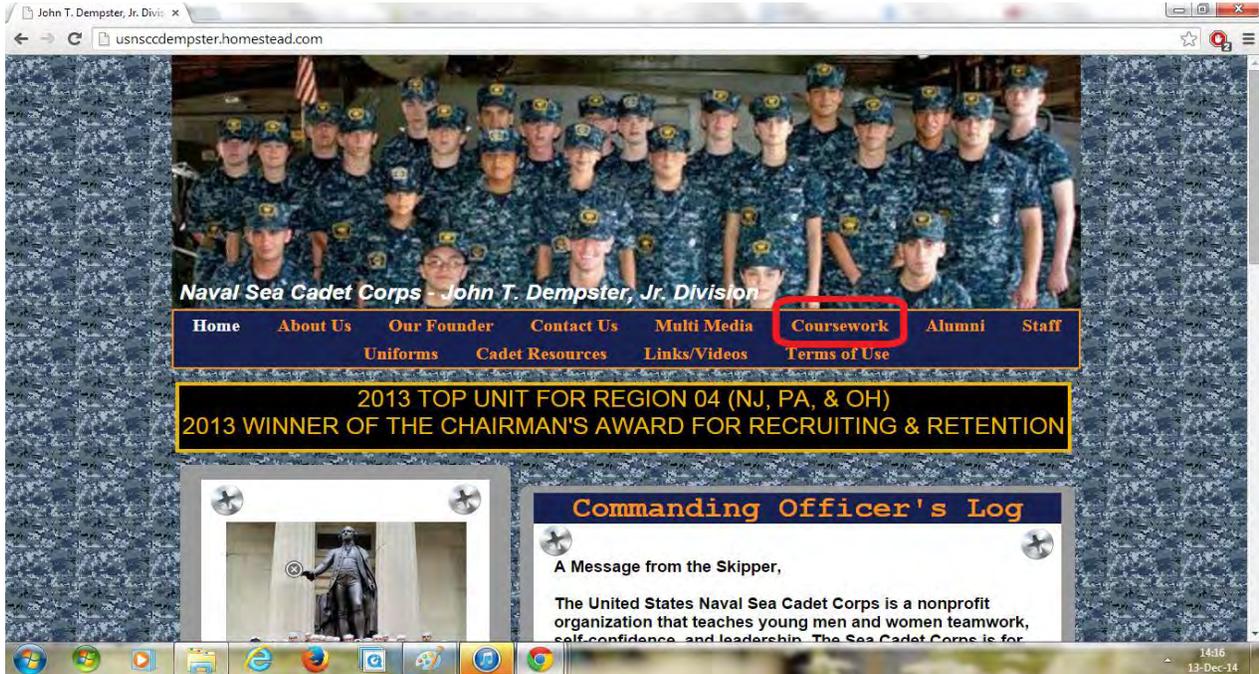
**Part 1:** The Sea Cadets Website is located at: <http://usnscdempster.com>

When you type in the link above and click enter the page that opens should look like this:



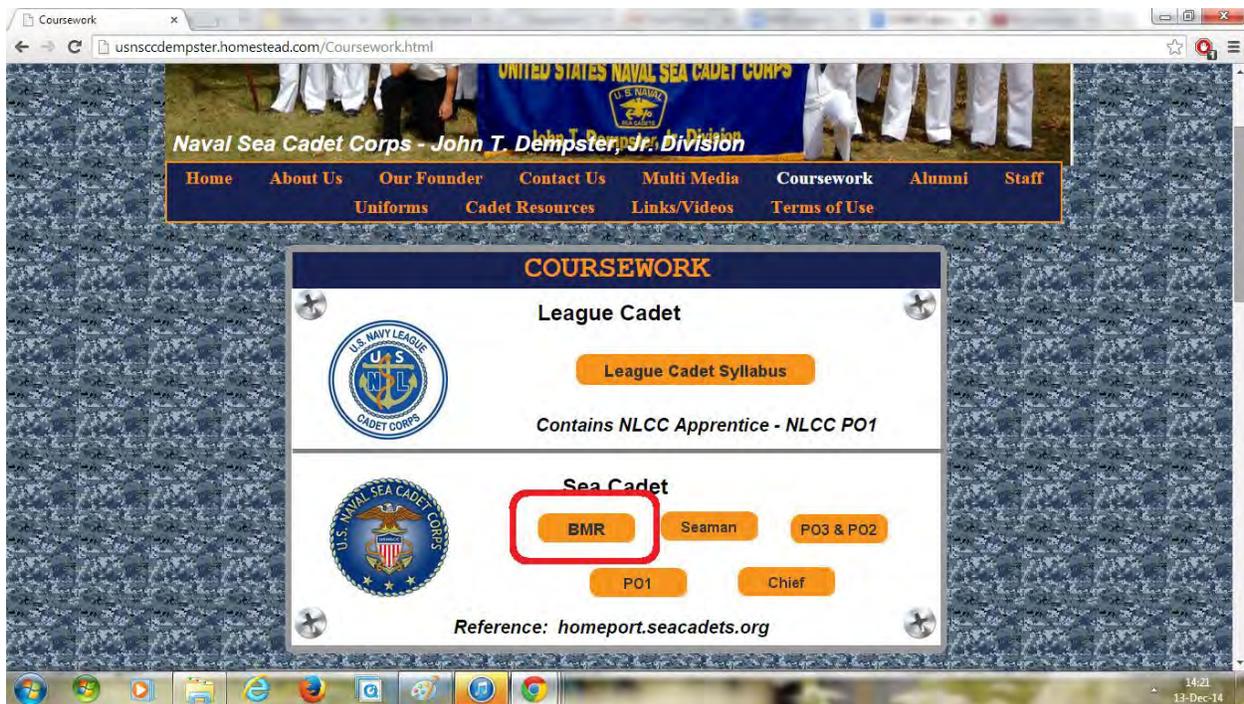
\*A very good idea would be to bookmark this website to your favorites in your browser

**Part 2a:** After locating our Unit Website you will want to click on the “Coursework” tab.

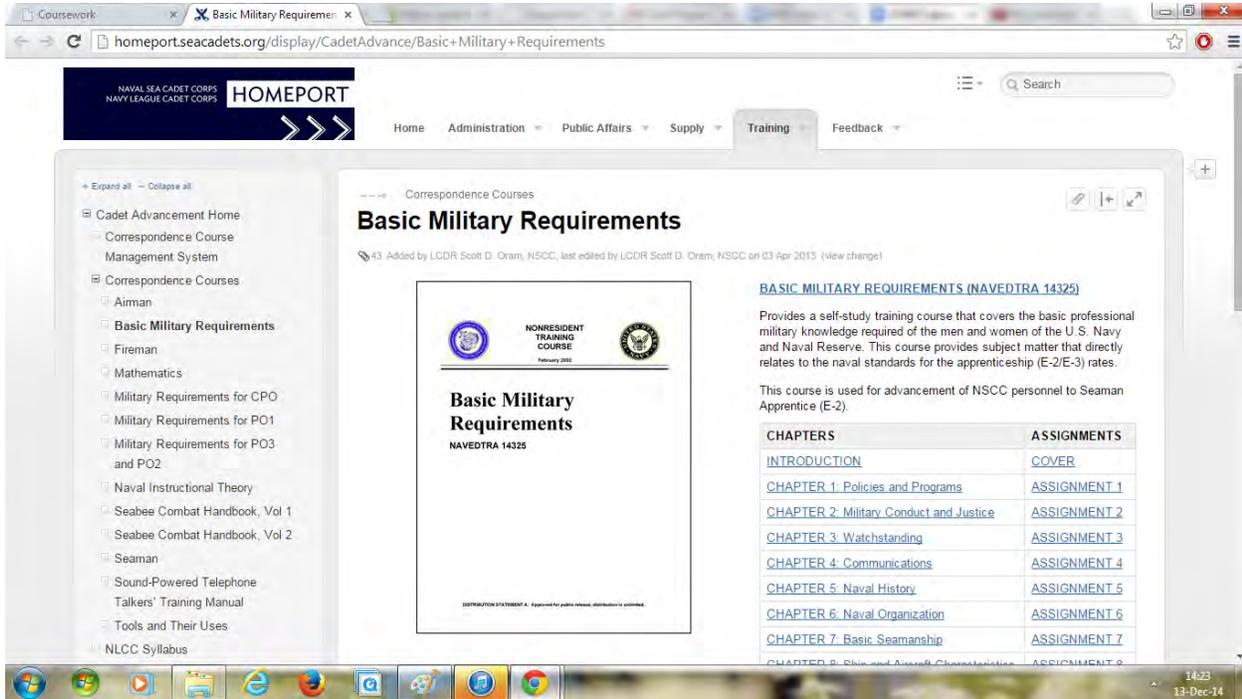


Located at the top right of the page.

**Part 3a:** After clicking on coursework, this page should show. You will now want to click on the link titled “BMR”



This link will re-direct you directly to the Basic Military Requirements page on the Sea Cadets National website. When you click on the link it should look just like this. Congratulations you have found the BMR.



Please continue to the next section where we will be showing you how to set up and complete the BMR.

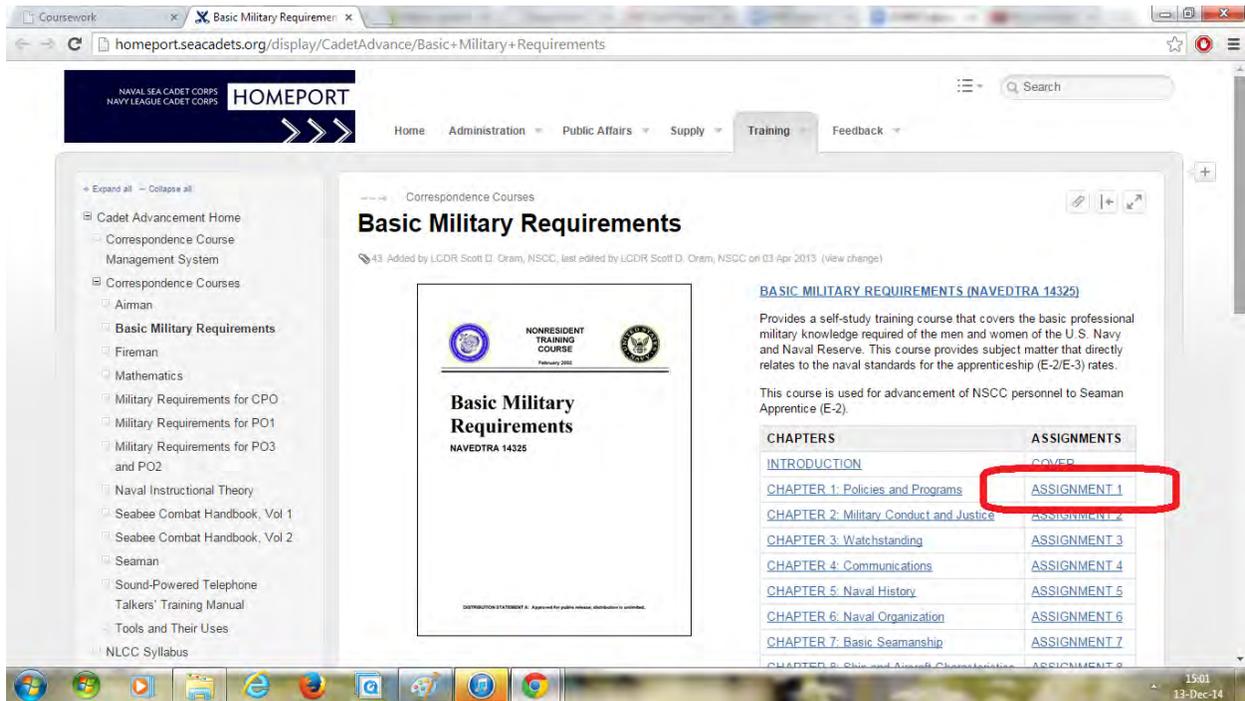
## **Step 2- Setting up and completing Coursework**

Now we will begin to look at, what you need to know to begin the BMR, how to set it up in the easiest way, and learning how to complete the coursework.

Since we have already located the BMR using one of the two ways instructed above, we will now begin. What you need to know about coursework is that it is divided up into chapters and assignments. The chapters are the material you will need to be able to complete the assignments. Think of the chapters like a packet, and the assignments as guided reading questions. Each assignment may have multiple chapters so you may have to open up the next chapter to continue with the assignment. In this case the BMR has 22 chapters and 15 assignments. The best way to complete this is to do a single assignment each day.

# Setting up Coursework

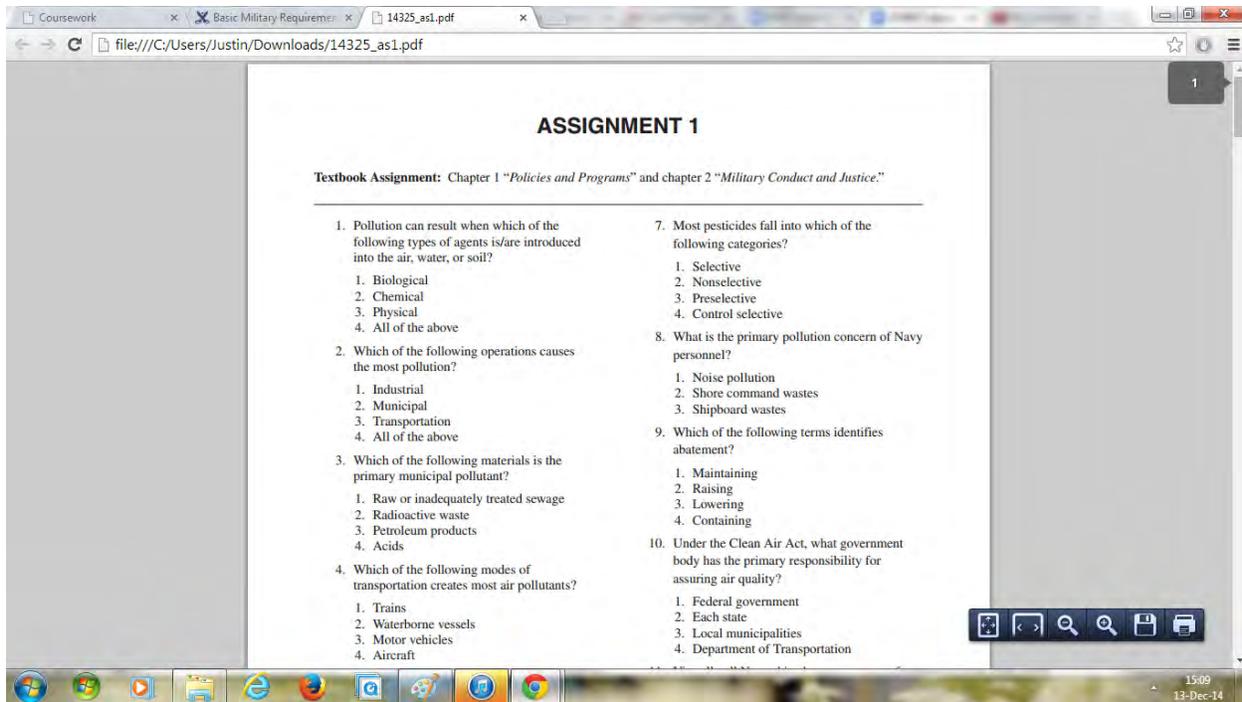
**Part 1a:** We will now open the first assignment. On the top of the assignment it will show us which chapters we will be asked questions for. The first assignment is located here:



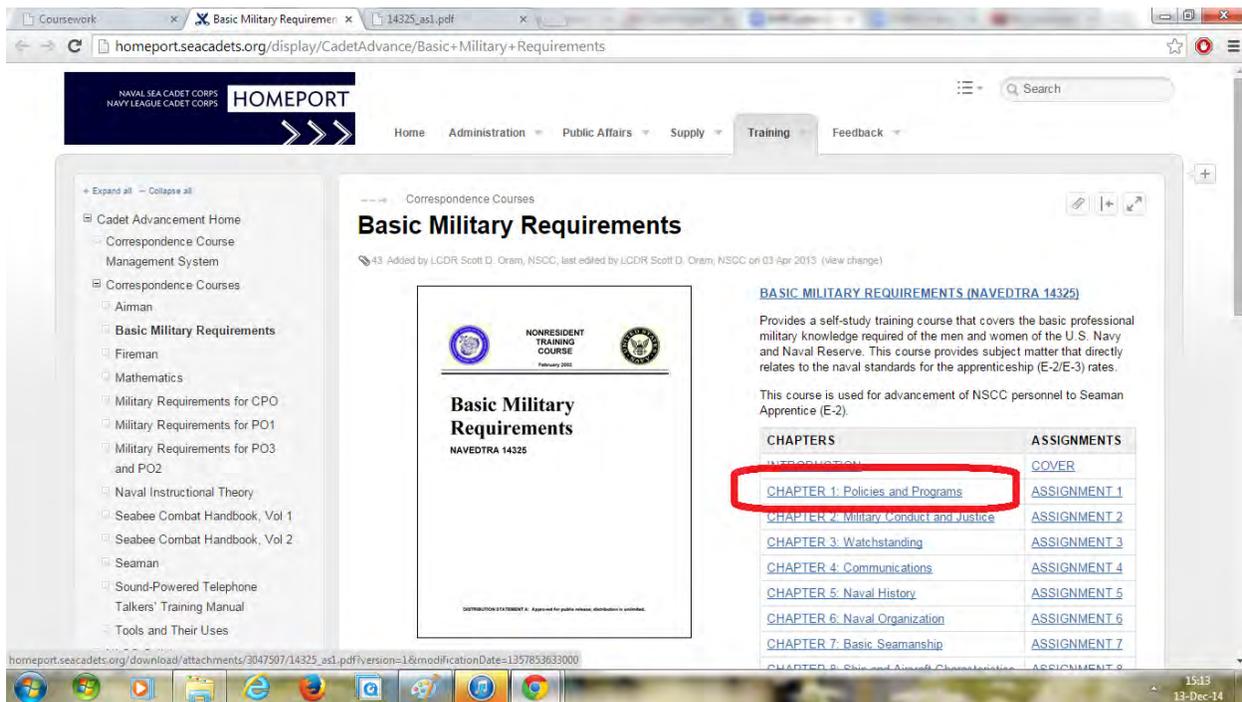
**Part 1b:** Once you have located the first assignment open it. **It is very important to print out every assignment because you will be circling your answers directly onto the paper.** This way you can have a hard copy of all of your answers. We will now be looking at which chapters we will be focusing on for this assignment.

***Again, print out the assignment before continuing***

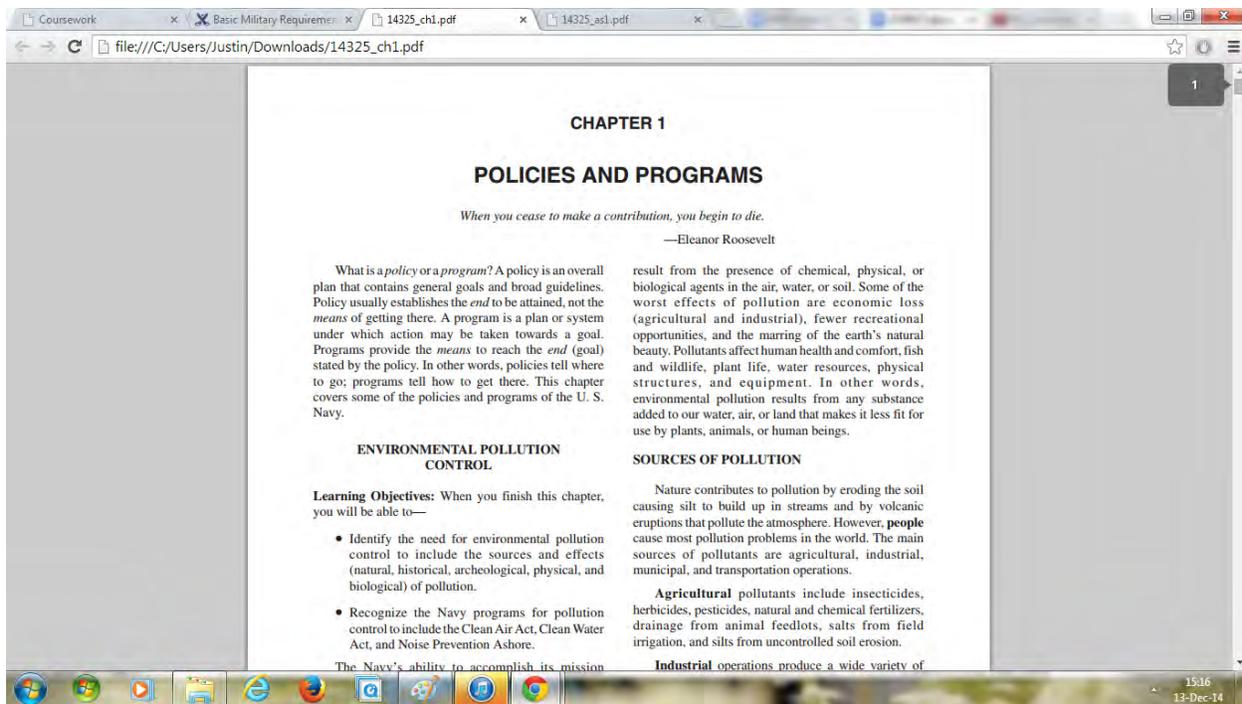
When you open the assignment it should look like this. As we can see, the assignment tells us that we will be reading the chapters: Chapter 1 “Policies and Programs”, and Chapter 2 “Military Conduct and Justice.”



**Part 1c:** After you have printed out the assignment and located the chapters you will be completing, go back to this page and click on the first chapter listed on the top of the assignment. In the case of the BMR it is Chapter 1 "Policies and Programs". Have this open on your computer.

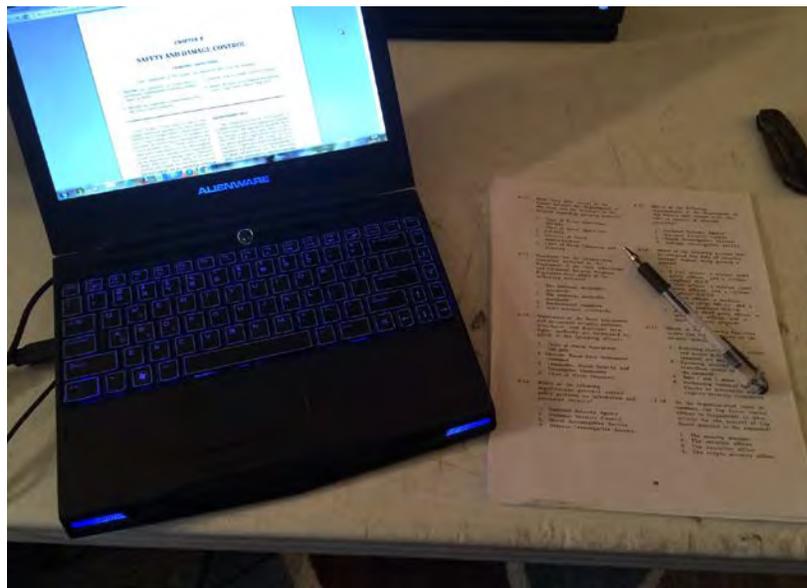


When you open the first chapter it should look like this:



### Part 2a: The physical set-up.

The best way to set up doing coursework is by having the chapters opened on your computer, and then having your paper copy of the assignments off to the side. This way you are able to read the questions easily and you are able to circle your answers. I have reproduced my general set-up below using the Chief Petty Officer Coursework.



## Beginning the Assignments

### Step 3 - It's time to begin your coursework

Up to this point we have gone through the steps on how to locate and set-up your coursework. Since you have your first chapter up, and your first assignment printed out, you are ready to begin. The assignments' questions are in order. The best way to complete the assignments is to read a question, as you read the chapter you will come across the answer. The chapters are very straight forward and all of the answers are in them. Take the chapters slowly, read each question on the assignment carefully, and by no time you will have completed your first assignment. **You must remember to print out and manually circle each answer on the assignments.**

When you have completed your first assignment come back to this and we will go through the steps required to submit your answers.

## Submitting your Assignments/Coursework

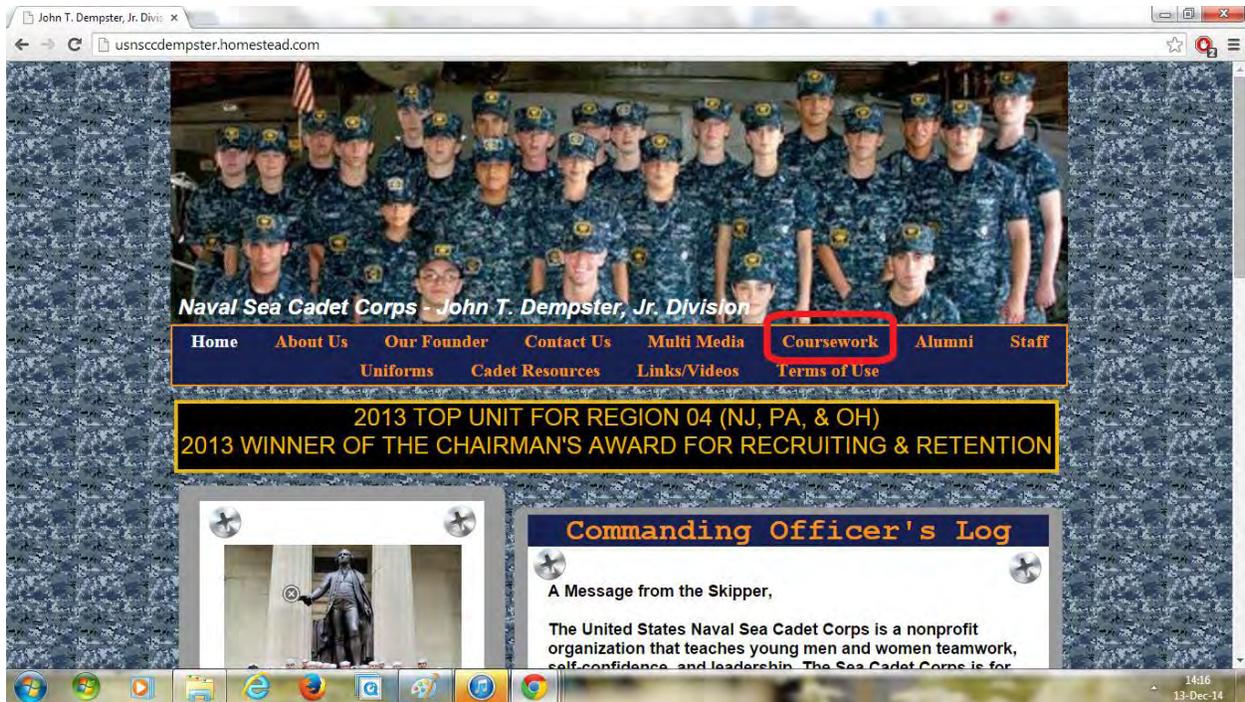
### Step 4 - You have just completed your assignments.

Now that you have completed your assignment(s) it is time to submit them! Our unit has a very easy way of doing this. Instead of doing it manually, we have an answer sheet on our unit website where you will manually fill in each of the correct bubbles. You may now think where do your answers magically disappear to?? They are sent to our Training Officer, LCDR Wharton. We will now begin the process of submitting your answers

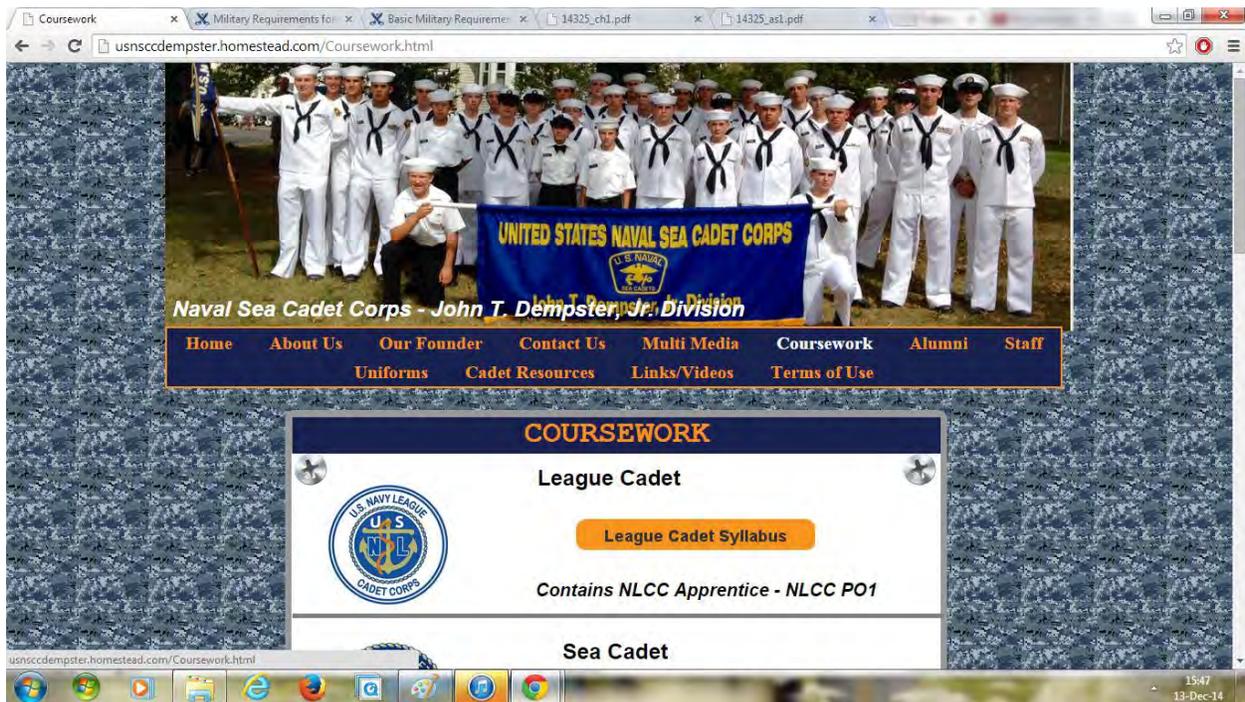
**Part 1a:** Go back to the unit page (should be in your favorites if not go to this link)

<http://www.usnsccdempster.com/Coursework.html>

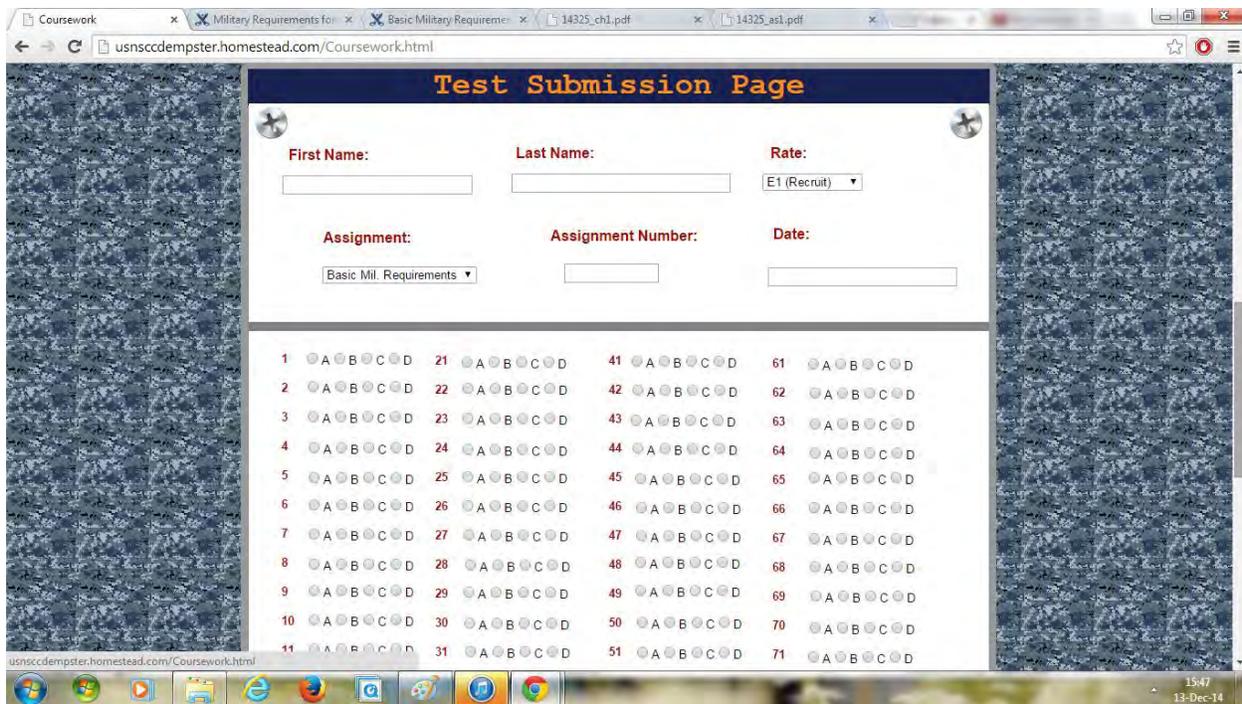
Locate the "Coursework" tab as we have done previously, and instead of clicking on one of the assignments, you will scroll down to the bottom of the page.



After clicking the “Coursework” tab you should end up on this page below:



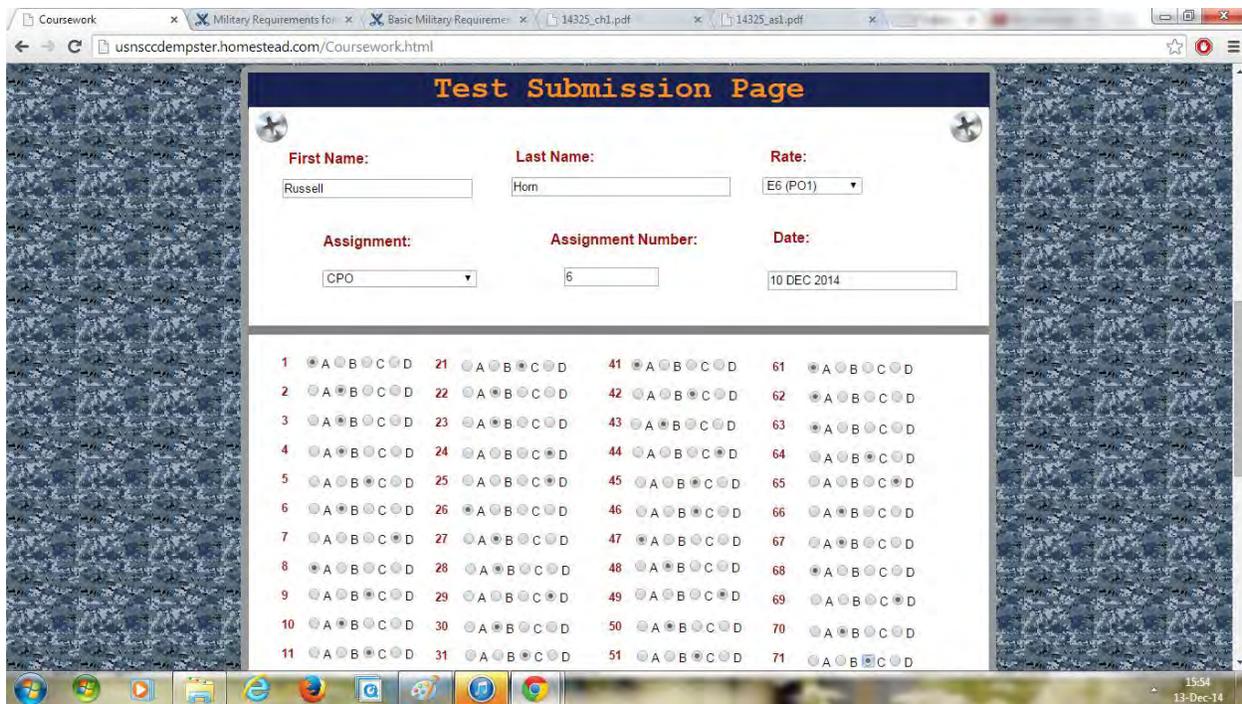
**Part 1b:** After going to the coursework page you will scroll to the bottom.



**Part 2:** Here you will find the answer sheet. At the top you will need to type in: First and Last name, your rank/rate, the assignment you are working on, the assignment number you are working on, and the date you are submitting. Re-produced below what a completed answer key should look like.

Remember to correctly enter in all of the information correctly. This will make receiving results, and grading answers much easier. Below is an example of a filled out answer sheet.

**\*NOTE: The filled in bubbles are completely random and are filled in for instructional purposes.**



**Part 3:** When you have double-checked your answers scroll to the bottom of the page and select “Submit”

Continue to complete your assignments as soon as possible. You do not want them to be the reason for an advancement to be held back. If you have any more questions about coursework please email your Squad Leader.

We make sure our Dempster Recruits are well prepared for Recruit Training. Many of our recruits achieve “Honor Cadet” or become part of an “Honor Company”. We want to see you strive for success and achieve “Honor Status” at all of your trainings!

Good Luck!

We cannot wait to see your name on the Chief Petty Officer board!

**Chief Petty Officer Russell Horn**

Updated 13 DEC 2014